

Wen Fan 范雯

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140 Commonwealth Avenue ✉: wen.fan@bc.edu
Boston College 🌐: www.wenfan.co
Chestnut Hill, MA 02467 📄: Google Scholar

RESEARCH INTERESTS Work and occupations, health and well-being, life course, comparative

ACADEMIC APPOINTMENTS Associate Professor, Department of Sociology, Boston College, 2022–present
Director of Graduate Admissions, Department of Sociology, Boston College, 2019–2025
Assistant Professor, Department of Sociology, Boston College, 2015–2022
Faculty Affiliate, [Sloan Research Network on Aging & Work](#), 2016–present
Faculty Affiliate, [Medical Humanities, Health, and Culture](#), 2016–present

EDUCATION University of Minnesota, Minnesota
Ph.D., Sociology, 2008–2015
M.S., Statistics, 2012–2014

Renmin University of China, Beijing, China
B.A., Public Administration/Demography, 2004–2008

JOURNAL ARTICLES (^S denotes student coauthors)
(PEER-REVIEWED)

46. **Fan, Wen**, and Phyllis Moen. Forthcoming. “Human Meanings of Evolving Employment Geographies: Work-Place Captivity and Well-Being Dynamics.” *Social Psychology Quarterly*.
45. **Fan, Wen**, and Yue Qian (equal authorship). Forthcoming. “[Economic Risks and Mental Health during China’s 2020 COVID-19 Outbreak: A Mixed-Methods Approach](#).” *Journal of Current Chinese Affairs*.
44. Qian, Yue, and **Wen Fan** (equal authorship). Forthcoming. “[Did the COVID-19 Pandemic Make it Worse? Working from Home and Affective Well-being at the Intersections of Parental Status and Occupation](#).” *ILR Review*.
43. Petts, Richard, Daniel L. Carlson, and **Wen Fan**. Forthcoming. “[Work-Place Mismatch, Work-Family Conflict, and Psychological Well-Being among Parents](#).” *Society and Mental Health*.
 - Blog in [Council on Contemporary Families](#).
42. **Fan, Wen**, Juliet Schor, Orla Kelly, and Guolin Gu^S. 2025. “[Work Time Reduction Via a Four-day Workweek Finds Improvements in Workers’ Well-being](#).” *Nature Human Behaviour* 9: 2153–2168.
 - Featured in [Nature News](#) (UK), [Scientific American](#) (US), [BBC Science Focus](#) (UK), [New Scientist](#) (UK), [Newsweek](#) (US), [Great Place to Work](#) (US), [Gizmodo](#) (US), [Business Insider](#) (US), [Inc. Magazine](#) (US), [BBC World Service](#) (UK), [SiriusXM Radio](#) (US), [ABC Sydney Breakfast](#) (Australia), [HR Daily](#) (Australia), [Folha de S.Paulo](#) (Brazil), [BBC News Chinese](#) (China), [Seznam Zpravy](#) (Czechia), [Euronews](#) (France), [Science Spinning](#) (Ireland), [Scientias.nl](#) (Netherlands), [El País](#) (Spain), [elDiario.es](#) (Spain), [Le Temps](#) (Switzerland).

41. **Fan, Wen**, and Phyllis Moen. 2025. “Remote/Hybrid Work in Flux: Work-Place/Preference Mismatch and Adaptations.” *Social Forces* 104(2): 752–775.
40. **Fan, Wen**, and Yue Qian. 2025. “Whose Parents Matter? Intergenerational Transmission of Earnings Arrangements in Different-Sex Couples: A Research Note.” *Demography* 62(4): 1203–1216.
39. **Fan, Wen**, and Phyllis Moen. 2025. “The Future(s) of Work? Disparities around Changing Job Conditions when Remote/Hybrid or Returning to Working at Work.” *Work and Occupations* 52(1): 91-129.
38. Guo, Ya^S, Wanying Ling^S, **Wen Fan**, and Senhu Wang. 2025. “Work-Schedule Instability and Workers’ Health and Well-being Across Different Socioeconomic Strata in China.” *Research in Social Stratification and Mobility* 95: 101008.
37. **Fan, Wen**. 2024. “Becoming a Parent: Trajectories of Family Division of Labor in Germany and the United States.” *Advances in Life Course Research* 60: 100611.
36. **Fan, Wen**, and Phyllis Moen. 2024. “The Shifting Stress of Working Parents: An Examination of Dual Pandemic Disruptions—Remote Work and Remote Schooling.” *Social Sciences* 13(1): 36.
35. Qian, Yue, and **Wen Fan** (equal authorship). 2024. “Stressful Life Events and Depressive Symptoms During COVID-19: A Gender Comparison.” *British Journal of Sociology* 75(1): 38-47.
34. Qian, Yue, and **Wen Fan** (equal authorship). 2023. “The Early-2020 COVID-19 Outbreak in China and Subsequent Flourishing: Medium-Term Effects and Intervening Mechanisms.” *Society and Mental Health* 13(3): 208-226.
33. Qian, Yue, and **Wen Fan**. 2023. “Student Loans, Mental Health, and Substance Use: A Gender Comparison among U.S. Young Adults.” *Journal of American College Health* 71(3): 930-941.
32. **Fan, Wen**, and Yue Qian (equal authorship). 2023. “State Contexts, Job Insecurity, and Subjective Well-being in the Time of COVID-19.” *Journal of Happiness Studies* 24: 2039–2059.
31. Yucel, Deniz, and **Wen Fan**. 2023. “Workplace Flexibility, Work–Family Interface, and Psychological Distress: Differences by Family Caregiving Obligations and Gender.” *Applied Research in Quality of Life* 18: 1825–1847.
30. **Fan, Wen**, and Phyllis Moen. 2023. “Ongoing Remote Work, Returning to Working at Work, or In Between during COVID-19: What Promotes Subjective Well-being?” *Journal of Health and Social Behavior* 64(1): 152–171.
29. Nano, Joseph P.^S, Mina H Ghaly^S, and **Wen Fan**. 2022. “Lessons from Early COVID-19: Undergraduate Students’ Academic Performance, Social Life, and Mental Health in the United States.” *International Journal of Public Health* 67:1604806.
28. **Fan, Wen**. 2022. “Breadwinning, Occupational Sex Composition, and Stress: Examining Psychological Distress and Heavy Drinking at the Intersection of Gender and Race.” *Gender and Society* 36(6): 922–960.
- Blogs in [Gender & Society Blog](#) and [Work in Progress](#).
27. **Fan, Wen**, and Phyllis Moen. 2022. “Working More, Less or the Same During COVID-19? A Mixed Method, Intersectional Analysis of Remote Workers.” *Work and Occupations* 49(2): 143–186.

- Blog in [Work in Progress](#).
 - Top 5 most read articles in *Work and Occupations* in 2022
26. **Fan, Wen**, and Yue Qian. 2022. “Constellations of Gender Ideology, Earnings Arrangements, and Marital Satisfaction: A Comparison Across Four East Asian Societies.” *Asian Population Studies* 18(1): 24–40.
 25. **Fan, Wen**, Yue Qian, and Yongai Jin (first two authors equal authorship). 2021. “Stigma, Perceived Discrimination, and Mental Health during China’s COVID-19 Outbreak: A Mixed-methods Investigation.” *Journal of Health and Social Behavior* 62(4): 562–581.
 24. **Fan, Wen**, and Jack Lam. 2021. “Educational Differences in Risk of All-cause Mortality After Acute Cardiovascular Events: Examining Cohort and Gender Variations.” *Research on Aging* 43(9-10): 403–415.
 23. **Fan, Wen**, and Siqi Han. 2020. “Explaining Cross-national Variation in the Health Benefits of Tertiary Education: What are the Roles of the Skills Gap and the Earnings Gap?” *European Sociological Review* 36(6): 957–975.
 22. **Fan, Wen**, and Liying Luo. 2020. “Understanding Trends in the Concentration of Infant Mortality among Disadvantaged White and Black Mothers in the United States, 1983-2013: A Decomposition Analysis.” *Demography* 57: 979–1005.
 21. Qian, Yue, and **Wen Fan** (equal authorship). 2020. “Who Loses Income During the COVID-19 Outbreak? Evidence from China.” *Research in Social Stratification and Mobility* 68: 100522.
 20. Woo, Bongki, **Wen Fan**, Thanh V. Tran, and David T. Takeuchi. 2020. “The Psychological Cost of Racial Discrimination: What is the Role of Residential Segregation?” *American Journal of Community Psychology* 65(1-2): 78–89.
 19. Qian, Yue, and **Wen Fan**. 2019. “Men and Women at Work: Occupational Gender Composition and Affective Well-Being in the United States.” *Journal of Happiness Studies* 20(7): 2077–2099.
 - Featured in [The Conversation](#), [CBC News](#), [NPR Planet Money](#), [International Business Times](#), [Phys.org](#), and [Independent Online](#) (South Africa).
 18. **Fan, Wen**, Jack Lam, and Phyllis Moen (equal authorship). 2019. “Stress Proliferation? Precarity and Work–Family Conflict at the Intersection of Gender and Household Income.” *Journal of Family Issues* 40(18): 2751–2773.
 - Selected as a nominee (15 out of over 2,500 articles) for the 2020 Rosabeth Moss Kanter International Award for Research Excellence in Work and Family.
 17. Yucel, Deniz, and **Wen Fan** (equal authorship). 2019. “Work–family Conflict and Well-being among German Couples: A Longitudinal and Dyadic Approach.” *Journal of Health and Social Behavior* 60(3): 377–395.
 16. **Fan, Wen**, and Yue Qian. 2019. “Rising Educational Gradients in Mortality among U.S. Whites: What are the Roles of Marital Status and Educational Homogamy?” *Social Science & Medicine* 235: 112365.
 15. Woo, Bongki^S, **Wen Fan**, Thanh V. Tran, and David T. Takeuchi. 2019. “The Role of Racial/Ethnic Identity in the Association between Racial Discrimination and Psychiatric Disorders: A Buffer or Exacerbator?” *SSM - Population Health* 7: 100378.

14. **Fan, Wen**, Phyllis Moen, Erin Kelly, Leslie Hammer, and Lisa Berkman. 2019. “**Job Strain, Time Strain, and Well-being: A Longitudinal, Person-Centered Approach in Two Industries.**” *Journal of Vocational Behavior* 110: 102–116.
 - Featured in **PBS**.
13. **Fan, Wen**, Fangsheng Zhu^S, and Phyllis Moen. 2018. “**Micro-level Experiences of Macro-level Change: A Cohort Perspective on China’s Shift Away from State-sector Employment.**” *Advances in Life Course Research* 35: 77–86.
12. **Fan, Wen**. 2017. “**Education Delayed but not Denied: The Chinese Cultural Revolution Cohort Returning to School.**” *Advances in Life Course Research* 33C: 53–65.
11. **Fan, Wen**, and Yue Qian. 2017. “**Native-Immigrant Occupational Segregation and Worker Health in the United States, 2004-2014.**” *Social Science & Medicine* 183: 130–141.
10. Moen, Phyllis, Erin Kelly, Shi-Rong Lee, J. Michael Oakes, **Wen Fan**, Jeremy Bray, David Almeida, Leslie Hammer, David Hurtado, and Orfeu Buxton. 2017. “**Can a Flexibility/Support Initiative Reduce Turnover Intentions and Exits? Results from the Work, Family, and Health Network.**” *Social Problems* 64: 53–85.
9. **Fan, Wen**. 2016. “**Turning Point or Selection? The Effect of Rustication on Subsequent Health for the Chinese Cultural Revolution Cohort.**” *Social Science & Medicine* 157: 68–77.
8. Moen, Phyllis, Erin Kelly, **Wen Fan**, Shi-Rong Lee, David Almeida, Ellen Kossek, and Orfeu Buxton. 2016. “**Does a Flexibility/Support Organizational Initiative Improve High-Tech Employees’ Well-Being? Evidence from the Work, Family, and Health Network.**” *American Sociological Review* 81(1): 134–164.
7. **Fan, Wen**, Jack Lam, Phyllis Moen, Erin Kelly, Rosalind King, and Susan McHale. 2015. “**Constrained Choices: Linking Employees’ and Spouses’ Work Conditions to Health Behaviors.**” *Social Science & Medicine* 126: 99–109.
6. **Fan, Wen**, and Phyllis Moen. 2015. “**Comment: Capturing Linked Lives—A Promising New Method.**” *Sociological Methodology* 45: 51–56.
5. **Fan, Wen**, and Yue Qian. 2015. “**Long-Term Health and Socioeconomic Consequences of Early-Life Exposure to the 1959-1961 Chinese Famine.**” *Social Science Research* 49: 53–69.
 - Frank Mott Award, Department of Sociology, Ohio State University.
4. Lam, Jack, Kimberly Fox, **Wen Fan**, Phyllis Moen, Erin Kelly, Leslie Hammer, and Ellen Kossek. 2015. “**Manager Characteristics and Employee Job Insecurity around a Merger Announcement: The Role of Status and Crossover.**” *The Sociological Quarterly* 56(3): 558–580.
3. Kelly, Erin, Phyllis Moen, J. Michael Oakes, **Wen Fan**, Cassandra Okechukwu, Kelly D. Davis, Leslie Hammer, Ellen Kossek, Rosalind Berkowitz King, Ginger Hanson, Frank Mierzwa, and Lynne Casper. 2014. “**Changing Work and Work-Family Conflict: Evidence from the Work, Family, and Health Network.**” *American Sociological Review* 79(3): 485–516.
 - 2015 Rosabeth Moss Kanter International Award for Research Excellence in Work and Family.
2. Lam, Jack, **Wen Fan**, and Phyllis Moen. 2014. “**Is Insecurity Worse for Well-being in Turbulent Times? Mental Health in Context.**” *Society and Mental Health* 4(1): 55–73. (Featured podcast)
1. Moen, Phyllis, **Wen Fan**, and Erin Kelly. 2013. “**Team-Level Flexibility, Work-Home Spillover,**

and Health Behavior.” *Social Science & Medicine* 84: 69–79.

BOOK
CHAPTERS/BOOK
REVIEWS
(INVITED/PEER-
REVIEWED)

5. **Fan, Wen**, and Duanyi Yang. 2025. “What did the COVID-19 Pandemic Teach Us about Flexible Working Arrangements?” in Clare Kelliher, and Lilian De Menezes (eds.) *A Research Agenda for Flexible Working Arrangements*. Cheltenham, UK: Edward Elgar Publishing.

4. **Fan, Wen**, and Ruilin Chen^S. 2022. “Chapter 20: Temporal Work Arrangements and Well-being in China,” in Yaojun Li, and Yanjie Bian (eds.) *Social Inequalities in China*. London, UK: Imperial College Press.

3. **Fan, Wen**. 2022. “Easy Living: The Rise of the Home Office.” *Contemporary Sociology* 51(3): 177-179.

2. **Fan, Wen**. 2020. “Chapter 6 Couples’ Conjoint Work Hours and Health Behaviors: Do Gender and Sexual Identity Matter?” in Hui Liu, Corinne Reczek, and Lindsey Wilkinson (eds.) *Marriage and Health: The Well-Being of Same-Sex Couples*. New Brunswick, NJ: Rutgers University Press.

1. **Fan, Wen**. 2020. “Workplace Flexibility.” in Lynette Spillman (ed.) *Oxford Bibliographies in Sociology*. New York, NY: Oxford University Press. Invited Contribution.

OTHER
PUBLICATIONS

Petts, Richard, Daniel L. Carlson, and **Wen Fan**. 2025. “Is Remote, Hybrid, or On-site Work Best for Workers? It Depends on Their Preferences.” *The Council on Contemporary Families*.

Moen, Phyllis, and **Wen Fan**. 2023. “Changing Nature of Work Policies and Practices: Implications for Midlife and Older Adults.” White Paper commissioned by the NIA.

Fan, Wen, and Richard J. Petts. 2023. “Can Remote and Hybrid Work Fuel Gender Equality? Evidence Shows Cause for Optimism but Challenges Remain.” *The Council on Contemporary Families*.

Juliet Schor, and **Wen Fan**. 2023. “Opinion: Can a Four-day Workweek Really Work? Many Companies Have Already Learned the Answer.” *Los Angeles Times*.

Fan, Wen, and Juliet Schor. 2023. “U.S. Has an Overwork Problem. A Four-day Workweek Can Fix It.” *The Boston Globe*.

Schor, Juliet B., **Wen Fan**, Orla Kelly, Guolin Gu, Tatiana Bezdenezhnykh, Niamh Bridson-Hubbard. 2022. “The Four Day Week: Assessing Global Trials of Reduced Work Time with No Reduction in Pay.” Four Day Week Global, Auckland, NZ.

Kelly, Orla, Juliet B. Schor, **Wen Fan**, Tatiana Bezdenezhnykh, Guolin Gu, Niamh Bridson Hubbard. 2022. “The Four Day Week: Assessing Global Trials of Reduced Work Time with No Reduction in Pay: Evidence from Ireland.” University College Dublin Press.

Fan, Wen. 2022. “What It’s Like When She Earns More: Does Race Matter?” *Gender & Society Blog*.

Fan, Wen. 2022. “What It’s Like When She Earns More: Does Race Matter?” *Work in Progress*.

Fan, Wen, and Phyllis Moen. 2022. “Gender, Race, Class, and Family Care Disparities Shape the Landscape of Remote Work During COVID-19.” *Work in Progress*.

GRANTS

External

Current Research

Project: How do Healthy Brains Drive a Healthy Economy? A Novel Occupational Neuroscience Approach

Funding Organization: UK Research and Innovation (UKRI) Future Leaders Fellowships

Period of Grant Award: 2024-2028

Role on Project: Project Partner (PI: Charlotte Rae)

Completed Research

Project: Collaborative Research: Assessing Impacts of a Four Day Workweek

Funding Organization: National Science Foundation

Amount Awarded: \$205,084

Period of Grant Award: 2023-2025

Role on Project: Co-PI (PI: Juliet Schor)

Project: Assessing the Economic, Social, and Environmental Impacts of a Four Day Workweek

Funding Organization: Russell Sage Foundation

Amount Awarded: \$198,818

Period of Grant Award: 2022-2024

Role on Project: Co-PI (PI: Juliet Schor)

Project: Collaborative Research: Continuity and Change in Remote Work

Funding Organization: National Science Foundation

Amount Awarded: \$322,101

Period of Grant Award: 2021-2024

Role on Project: PI

Project: RAPID: Remote Work in the Time of COVID-19

Funding Organization: National Science Foundation

Amount Awarded: \$199,999

Period of Grant Award: 2020-2021

Role on Project: PI

Project: City Shutdown as a Response to COVID-19: Understanding Human Experiences and Mental Health Consequences of the Quarantine in Wuhan

Funding Organization: Canadian Institutes of Health Research

Amount Awarded: \$400,468

Period of Grant Award: 2020-2022

Role on Project: Co-Investigator (PI: Yue Qian)

Invited Full Proposal But Not Funded

Project: Triple Jeopardy of Remote Work? Disparities in Labor Market Dynamics Since the COVID-19 Outbreak

Funding Organization: Washington Center for Equitable Growth

Amount Awarded: \$99,966

Period of Grant Award: 2022-2025

Role on Project: PI

Internal

Boston College. 2026. Research Expense Grant. Wen Fan (PI). \$2,000.

Boston College. 2025. Teaching, Advising and Mentoring Expense Grant. Wen Fan (PI). \$1,500.

Boston College. 2024-2026. Schiller Institute's Grants for Research in Targeted and Emerging Areas

(SI-RITEA). Wen Fan (MPI) (MPIs: Juliet Schor and Wen Fan). \$40,000.
 Boston College. 2024-2025. Research Incentive Grant. Wen Fan (PI). \$15,000.
 Boston College. 2022-2023. ILA Major Grant. Wen Fan (MPI) (MPIs: Juliet Schor, Wen Fan, and Matthew Rutledge). \$25,000.
 Boston College. 2021-2022. Ignite Grant. Wen Fan (MPI) (MPIs: Juliet Schor and Wen Fan). \$20,000.
 Boston College. 2020-2021. Research Expense Grant. Wen Fan (PI). \$2,000.
 Boston College. 2018-2019. Teaching, Advising and Mentoring Expense Grant. Wen Fan (PI). \$2,000.
 Boston College. 2017-2018. Research Expense Grant. Wen Fan (PI). \$2,000.
 Boston College. 2017-2018. Research Incentive Grant. Wen Fan (PI). \$15,000.
 University of Minnesota. 2013. Graduate Research Partnership Program Grant (\$4,500).
 Life Course Center, University of Minnesota. 2012. Life Course Center Graduate Research Partnership Program Grant (\$4,800).

HONORS AND
AWARDS

Faculty Fellowship, Boston College, 2026.
 Nominee (15 out of over 2,500 articles), Rosabeth Moss Kanter International Award for Research Excellence in Work and Family, 2020.
 Fellow, Nanjing University Zheng Gang Visiting Scholars Program, 2020-2021.
Early Career Fellowship, Work and Family Researchers Network, 2018-2019.
 Faculty Fellowship, Boston College, 2017.
Best Dissertation Award (Honorable Mention), University of Minnesota, 2016.
 Rosabeth Moss Kanter International Award for Research Excellence in Work and Family, 2015.
 Frank Mott Award, Department of Sociology, Ohio State University, 2015
 Professional Development Award (\$775), Department of Sociology, University of Minnesota, 2014.
Doctoral Dissertation Fellowship (\$22,500), University of Minnesota. Most university-wide prestigious fellowship awarded to graduate students, 2013-2014.
 Doctoral Dissertation Fellowship Conference Travel Grant (\$748), University of Minnesota, 2014.
 Professional Development Award (\$1,750), Department of Sociology, University of Minnesota, 2014.
 Professional Development Award (\$500), Department of Sociology, University of Minnesota, 2013.
 Student Travel Grant (\$100), Midwest Sociological Society, 2013.
 Richard and Beverly Fink Fellowship (\$34,729), University of Minnesota, 2012-2013.
 Student Travel Grant (\$200), Midwest Sociological Society, 2011-2012.
 Graduate School Fellowship (\$22,000), University of Minnesota. Most university-wide prestigious fellowship awarded to incoming graduate students, 2008-2009.
 National Distinction Scholarship (¥10,000), Ministry of Education of China, 2007.

FUNDED ACTIVITIES

Participant. Data-Intensive Research Conference. Minneapolis, MN. July 2022.
 Participant. China Multigenerational Panel Datasets Workshop. Los Angeles, CA. January 2016.
 Participant. Stanford Biodemography Workshop. Stanford University, CA. 2009.

INVITED TALKS

Cornell ILR Seminar. Department of Global Labor and Work. November 2025.

This Can Happen 2025 Americas Virtual Conference keynote. October 2025.

Rethinking Work: How Hybrid and Remote Work impact Gender, Racial, and Other Inequalities. 120th Annual Meeting of the American Sociological Association. August 2025.

Social Policy Interventions for More Equitable Work. 120th Annual Meeting of the American Sociological Association. August 2025.

2025 Mini-Marconi Research Conference. The Office Ergonomics Research Committee (OERC). April 2025.

Data Sharing Outreach. Work Time Reduction Research Network. March 2025.

Knowledge Sharing Seminar on the Four-Day Work Week (4DWW). University of Birmingham. March 2025.

Gender, Work and Family in Turbulent Times: COVID-19, Remote Work and Diversity. WFRN Virtual Conference Series panel session. February 2025.

Boston College Chinese Students Association × The Women’s Center Event. November 2024.

Brown Bag Lecture Series. Penn State’s Population Research Institute. October 2024.

2024 Marconi Research Conference. The Office Ergonomics Research Committee (OERC). April 2024.

Workshop on New Perspectives on Work: Unemployment, Remote Work, Platform Work, and Workplace Inequality. Rutgers University. March 2024.

“Organizational Success with the 4 Day Week: Evidence from Global Trials.” Inaugural Seminar of the Work Time Reduction Research Network. February 2024.

The Environmental and Occupational Health Sciences (EOHS) Research Seminar Series. The University of Texas Health Science Center at Houston. December 2023.

“The Four Day Work Week.” Michigan Department of Labor and Economic Opportunity (LEO) May Mental Health Awareness Webinar. May 2023.

“Flexible Work and Worker Retention.” NEEBC (New England Employee Benefits Council) Annual Summit. May 2023.

“Remote Work in Flux: Intersectional Inequities in Mismatches Between Preference and Place and Subsequent Strategic Adaptations.” Seminar at CUNY Institute for Demographic Research. April 2023.

“Remote Work and Gender (In)Equality: An Intersectional Approach.” Symposium on The Future of Gender Equality: Three Years into the Global Pandemic (organized by New America and the Council on Contemporary Families). March 2023.

“Results From Four Day Week Global Trials.” Department of Labor. March 2023.

“Results From Four Day Week Global Trials.” BAWWIN Workshop Seminar. March 2023.

“The Four Day Work Week: Results From Recent Company Trials.” Boston College Center for Work & Family Distinguished Speaker Series. February 2023.

“Lessons Learned: Enduring Changes for Telework and Telehealth.” House Committee on Education and Labor Democratic Members Only, Closed-door Briefing. December 2022.

“Results From Four Day Week Global Trials.” 4 Day Week Global Results Briefing (Pilot Participant Session). November 2022.

“Older Workers, the Future of Work, and the COVID-19 Pandemic: Lessons Learned and Future Directions.” National Academies of Sciences, Engineering, and Medicine Webinar (The Future of

Work: Implications for an Aging Workforce). October 2022.

Citywide Analytics Team, City of Boston. August 2022.

“Remote Work Policies During the COVID-19 Pandemic.” 117th Annual Meeting of the American Sociological Association, Pandemic Policies and Inequalities: The Racialized and Gendered Consequences of COVID-19. Los Angeles, CA. August 5-9, 2022.

“Preliminary Evidence from an International Four Day Workweek Trial.” 2022 WFRN Conference. The Four Day Workweek as “The Future of Work–Life”? New York, NY. June 23-25, 2022.

“Changing Work Locations, Changing Job Conditions: Examining Intersectional Disparities at Different Life Course Stages.” 2022 WFRN Conference. Special Symposium: The Hybrid Office: Opportunities and Perils. New York, NY. June 23-25, 2022.

“Academic Paper Publishing.” Nanjing University of Posts and Telecommunications. June 2022.

“Reimagining How We Work: Flextime, Flexplace, and Shorter Workweeks.” Renmin University of China. May 2022.

“COVID-19 and the Uneven Stress of Social Change: Remote Work and Subjective Well-Being”. University of Minnesota. February 2022.

“Gender and Work–Family Issues in Working from Home”. Canadian Economics Association: The Economics of Working from Home Panel. June 2021.

“The Role of Work in Health Disparities” Workshop. National Institute on Minority Health and Health Disparities (NIMHD), NIH. September 2020.

Conversations with Professors of Color. Boston College Graduate Students of Color Association. 2020.

“What does it Mean to be American? Today’s American Identity.” Panel discussion organized by Asian Caucus at Boston College. 2018.

School of Population & Public Health, University of British Columbia. Canada. March 2018.

China Sociology Dinner Meeting. Harvard University. March 2017.

Department of Sociology, National University of Singapore. Singapore. 2015.

Department of Sociology, Boston College. November 2014.

School of Sociology and Population Studies, Renmin University of China. China. June 2014.

MEDIA COVERAGE [Large-scale trial finds four-day workweek improves employee well-being and physical health](#) (Psy-Post).

[Wellbeing and the 4-day work week - with Dr Wen Fan](#) (Psych Health and Safety Podcast).

[为何一周工作四天对健康有帮助?](#) (BBC News Chinese).

[Experts: AI should change the discussion around 4-day workweek](#) (Great Place to Work).

[Leaders “get out of the way” in four-day week trial](#) (HR Daily) (Australia).

[Bilan positif pour la semaine de quatre jours](#) (Le Temps).

[Čtyřdenní pracovní týden uspěl v další velké zkoušce. Ale má to háček](#) (Seznam Zpravy).

[AI companies are adopting a 996 work culture. Studies show it actually hurts productivity](#) (Inc. Magazine).

[The Michael Smerconish Program](#) (SiriusXM Radio).

[Thousands of workers tried four-day workweeks. Many reported less burnout and better sleep.](#) (Business Insider).

[Vierdaagse werkweek blijkt opnieuw enorm succes: waarom ook werkgevers overstag gaan](#) (Scien-

tias.nl).

The biggest trial yet confirms four-day workweek makes employees happier (Scientific American).
BBC World Service.

Sydney Breakfast (ABC Sydney Breakfast).

Trabalhar quatro dias e folgar três faz bem à saúde, diz pesquisa (Folha de S.Paulo).

Un estudio refleja menos problemas para dormir y 'burnout' en trabajadores tras aplicar la semana laboral de 4 días (elDiario.es).

Ciencia para constatar lo evidente: trabajar menos mejora la salud mental y física (El País).

Irish-linked study reveals why working a four-day week is good for your health (Science Spinning).

New Study Bolsters Public Health Case for a Four-Day Work Week (Gizmodo).

Four-day work weeks are good for employees' mental and overall health, pilots in 6 countries find (Euronews).

Four-day working week may boost our health and performance at work (New Scientist).

Four-day work week could boost your health and help the environment (BBC Science Focus).

Biggest trial of four-day work week finds workers are happier and feel just as productive (Nature News).

Data shows more men returning to office work than women. Why is that? (NPR Marketplace).

SciLine Experts on Camera: Return-to-office Mandates.

The Rise of the 4-Day Workweek (APA Monitor on Psychology).

Can a Four-Day Workweek Work? Two BC Professors Think So (BC Heights).

"You can hear your body scream for rest," say overworked Canadians struggling to beat inflation (CBC).

What to do with an extra day off? Progressive Mass. lawmakers pitch 4-day workweek (Telegram).

Younger workers want a 4-day workweek — and some would give up remote work or higher pay for it (Bankrate).

UAW workers asking automakers for shorter workweek (Scripps News).

The 4-day workweek is among the UAW's strike demands: Why some say it's a good idea (USA TODAY).

Why a 4-day work week is on the table for auto workers (NPR).

So You've Decided to Implement a 4-day Workweek. Now What? (Fast Company).

KBS WORLD Radio Korea 24.

The Evolution of Work. (Green American Magazine).

How a Flexible Workforce Approach Helps Organizations Grow and Thrive? (New England Em-

ployee Benefits Council Benefits Blog).

[Is the Four-day Week the Future of Work?](#) (Al Jazeera Podcast).

[Could a Four-day Work Week Become Reality?](#) (Boston Globe).

[One Credit Union’s Experiment with a Four-day Workweek.](#) (American Banker).

[Vermont Edition.](#) (Vermont Public).

[Detroit Today with Stephen Henderson.](#) NPR Detroit (WDET-FM).

[NYC Workers are Spending Roughly 30% Less Time at Work.](#) (RTVI Television Network).

[Dört Dörtlük Bir Plan: 4 Gün Çalış, 3 Gün Dinlen.](#) (in Turkish).

[NightSide with Dan Rea.](#) (WBZ News Radio).

[Going Four-ward? BC Researchers Aiding Global Study of Four-day Week Pilot Program.](#) (Boston College Chronicle).

[How a 4 Day Work Week with No Reduction in Pay Improves Employee Wellness and Company Revenues.](#) (BNN Bloomberg).

[4 Day Week Pioneering Pilot Program a Huge Success, New Research Reveals.](#) (Four Day Week Global).

[He Can’t Find Work Due to Prior COVID Infection. He’s Not Alone.](#) (Sixth Tone).

[How to Deal with Work Stress—and Actually Recover from Burnout](#) (Knowable Magazine).

- [Chinese translation](#)

[NBC 10 Boston](#)

[Work at the Office, Work from Home or Both? Companies are Still Deciding What’s Best](#) (NPR Marketplace).

[How ‘Severance’ and ‘WeCrashed’ Hold an Uncomfortable Mirror to the Post-COVID Office](#) (Commercial Observer).

[An RTO Clash Is Coming for Employers Eager to Bring Back Workers](#) (Bloomberg).

[Will Some Workers be Left Behind if They Work from Home?](#) (NPR Marketplace).

[Why Community & Connection Matter in a Digital World](#) (PlaceLab).

[The Pandemic’s Effects on Everyday Life](#) (Boston College Magazine).

[BC Sociologist Studies Work-from-home Model](#) (BC News).

[Expert panel on 2017’s Best & Worst States for Working Dads.](#)

[America’s Hidden Long-Term Care Problem](#) (PBS).

EXPERT TESTIMONY [An Act Relative to A Four-day Work Week Pilot Program.](#) Massachusetts Joint Committee on Labor and Workforce Development. November 14, 2023.

[The Four-Day Workweek Act.](#) Maryland Economic Matters Committee. February 14, 2023.

SELECTED PRESENTATIONS TO ACADEMIC AUDIENCES [Can the Four-day Week Vanquish the Ideal Worker Norm?](#)

- 2025 SASE Conference, MC13 - Exploring Changes Associated with Working Time Reduction. Montreal. July 9–12, 2025
- 2026 LERA Conference. May 28–31, 2026

[Work Time Reduction Via a Four-day Workweek Finds Improvements in Workers’ Well-being](#)

- 2024 Work and Family Researchers Network Conference, Four Day Workweek Redux–Distribution,

Issues and Progress. Montreal, Canada. June 19-22, 2024

- WHAFL workgroup, Boston College. October 7, 2024
- 2025 Annual Meeting of the Population Association of America, Life Course Experiences of Work, Family, and Mental Health. Washington, DC. April 10-13, 2025
- 2025 Academy of Management Annual Meeting, Organizational Field Interventions in Well-Being: Challenges and Impact. Copenhagen, Denmark. July 25-29, 2025

Work–Home Boundary Management Strategies and Well-being: An Intersectional Analysis

- 2025 Annual Meeting of the Population Association of America, Flash: Long and Short Hours of Working: Differences by Race/Ethnicity and Gender. Washington, DC. April 10-13, 2025

The Shifting Stress of Working Parents: An Examination of Dual Pandemic Disruptions–Remote Work and Remote Schooling

- WFRN Virtual Conference–Gender, Work and Family in Turbulent Times: COVID-19, Remote Work and Diversity. February 21, 2025

Remote/Hybrid Work in Flux: Work-Place/Preference Mismatch and Adaptations

- 2024 Annual Meeting of the Population Association of America, Remote Work, Families, and Inequality. Columbus, OH. April 17-20, 2024
- 2024 Work and Family Researchers Network Conference, Remote Work and Employee Well-being. Montreal, Canada. June 19-22, 2024

The Future(s) of Work? Disparities around Changing Job Conditions when Remote/Hybrid or Returning to Working at Work

- 2023 Annual Meeting of the Population Association of America, Impacts of the COVID-19 Pandemic on Paid and Unpaid Work. New Orleans, LA. April 12-15, 2023
- XX ISA World Congress of Sociology, Uncertainty and Inequality: The Long-Term Effects of the Pandemic on Workers Careers and Experiences. Melbourne, Australia. June 25-July 1, 2023
- 118th Annual Meeting of the American Sociological Association, Session on What Have We Learned From COVID-19? Reimagining Paid Work. Philadelphia, PA. August 17-21, 2023
- 2023 Society for Longitudinal and Life Course Studies International Conference. Munich Germany. October 9-11, 2023

Two Years Later: The Early-2020 COVID-19 Outbreak in China and Subsequent Flourishing

- XX ISA World Congress of Sociology, Measuring and Analyzing the Impact of the 2020-2022 Pandemic on Quality of Life and Well-Being. Melbourne, Australia. June 25-July 1, 2023

Workplace Flexibility, Work–Family Interface, and Psychological Distress: Differences by Family Caregiving Obligations and Gender

- 117th Annual Meeting of the American Sociological Association, Regular Section on Working Conditions, Resources, and the Gendered Work-Family Nexus. Los Angeles, CA. August 5-9, 2022

COVID-19 and the Uneven Stress of Social Change: Remote Work and Subjective Well-being

- 2022 WFRN Conference. Paper Symposium: Intersectional Inequalities in Work and Family during COVID-19. New York, NY. June 23-25, 2022
- 117th Annual Meeting of the American Sociological Association, Regular Section on Work and the Workplace. Los Angeles, CA. August 5-9, 2022

State Contexts, Job Insecurity, and Mental Well-being in the Time of COVID-19

- 2022 Annual Meeting of the Population Association of America, Flash Session on Unemployment, Job Insecurity, and Economic Insecurity. April 6-9, 2022

Working More, Less or the Same During COVID-19? A Mixed Method, Intersectional Analysis of Remote Workers

- 116th Annual Meeting of the American Sociological Association, Regular Section on How the COVID-19 Pandemic is Transforming Gendered Divisions of Labor in the United States. August 6-10, 2021

Stigma, Perceived Discrimination, and Mental Health during China's COVID-19 Outbreak: A Mixed-Methods Investigation

- 2021 Annual Meeting of the Population Association of America, Regular Session on COVID-19 and Mental Health. May 5-8, 2021

Becoming a Parent: Trajectories of Family Economy and Family Structure around Childbirth and the Health Implications in the United States

- 2019 Society for Longitudinal and Life Course Studies International Conference. Potsdam, Germany. September 25-27, 2019

Educational Differences in Survival Following Heart Attacks and Strokes: The Intersectionality of Gender and Cohort

- 114th Annual Meeting of the American Sociological Association, Regular Section on Inequalities in the Health Returns to Education. New York, NY. August 10-13, 2019

Work-Family Conflict and Well-being Among Married Couples Revisited: A Longitudinal and Dyadic Approach

- 2019 Annual Meeting of the Population Association of America, Regular Session on Family-Level Perspectives on Work and Care. Austin, TX. April 10-13, 2019

Do Grandparents Matter? Multigenerational Transmission of Socioeconomic Status and Impacts on Health in the United States

- 113th Annual Meeting of the American Sociological Association, Regular Section on Health and Well-being across the Life Course. Philadelphia, Pennsylvania. August 11-14, 2018

Wife-Breadwinning and Its Health Implications Within U.S. Heterosexual Families

- Joint Conference for RC06 (Family) and RC41 (Population). Singapore. May 17-19, 2018
- RC28 Spring Meeting 2018. Seoul, Korea. May 25-27, 2018
- 2018 WFRN (Work and Family Researchers Network) Conference. Paper Session: Work, Family and Health. Washington, DC. June 21-23, 2018

Occupational Sex Composition and Men's and Women's Affective Well-being At Work

- 2018 WFRN (Work and Family Researchers Network) Conference. Paper Session: The Context of Industry & Occupations. Washington, DC. June 21-23, 2018

Rising Educational Gradients in Mortality: What are the Roles of Marital Status and Educational Assortative Mating?

- RC28 Spring Meeting 2017. Cologne, Germany. March 30-April 1, 2017
- 2017 Annual Meeting of the Population Association of America, Regular Session on Marriage, Education, and Health Inequalities. Chicago, IL. April 27-29, 2017
- 112th Annual Meeting of the American Sociological Association, Regular Section on Mortality and Morbidity. Montreal, Quebec, Canada. August 12-15, 2017

A Decomposition of Trends in the Nonmarital Infant Mortality Ratios in the United States: 1983-2010

- 2017 Annual Meeting of the Population Association of America, Regular Session on Maternal Health and Mortality. Chicago, IL. April 27-29, 2017
- 112th Annual Meeting of the American Sociological Association, Regular Session on Sociological Approaches to Population Processes. Montreal, Quebec, Canada. August 12-15, 2017

Job Strain, Time Strain and Well-being: A Dynamic Holistic Approach

- 2016 WFRN (Work and Family Researchers Network) Conference. Symposium: Consequences of Job Strain and Overwork. Washington, DC. June 23-25, 2016

Changing Work and Well-being among U.S High-Tech Professionals: Findings from the Work, Family and Health Study

- Sociology Workshop Series, Department of Sociology, University of Minnesota. February 3, 2015
- 2016 WFRN (Work and Family Researchers Network) Conference. Symposium: Happy Workers and Productive Organizations. Washington, DC. June 23-25, 2016

Linking Job Insecurity with Work-Family Conflict: Do Gender and Breadwinning Status Matter?

- 110th Annual Meeting of the American Sociological Association, Section on Organizations, Occupations and Work. Chicago, IL. August 22-25, 2015

Micro-Level Experiences of Macro-Level Change: A Cohort Perspective on Urban China's De-emphasis of State Sector Employment

- 80th Annual Meeting of the Population Association of America. San Diego, CA. April 30-May 2, 2015

Education Delayed but not Denied: The Cultural Revolution Cohort Returning to School

- XVIII ISA World Congress of Sociology. World Atlas of Adult Education. Yokohama, Japan. July 13-19, 2014

Timing Matters: Disrupted Education, Returning to School, and Self-Reported Health of Three Chinese Cohorts

- Department of Demography. Renmin University of China. May 21, 2014

Born to be Better-Educated? Comparison of Seasonality Tests and Application on Educational Attainment in China

- 108th Annual Meeting of the American Sociological Association, Regular Session on Methodology: New Methods for Stratification Research. New York, NY. August 10-13, 2013

Unemployment and its Consequences on Workers' and Spouses' Health: Evidence from China's 1990s-2000s Massive Layoff

- 108th Annual Meeting of the American Sociological Association, Regular Session on Health Disparities. New York, NY. August 10-13, 2013

Costs of Coming of Age in China's Cultural Revolution? Disrupted Education and Its Consequences on Mid-Life Health

- Inequality & Methods Workshop. Department of Sociology, University of Minnesota. March 1, 2013
- 76th Annual Meeting of the Midwest Sociological Society, Regular Session on Sociological Perspectives on China II. Chicago, IL. March 27-30, 2013
- 78th Annual Meeting of the Population Association of America, Regular Session on SES and Health and Mortality. New Orleans, LA. April 11-13, 2013

Long-Run Health Consequences of Early-Life Exposure to the 1959-61 China Famine

- American Sociological Association Annual Meetings, Regular Session on Life Course. Denver, CO. Aug. 17-20, 2012
- 78th Annual Meeting of the Population Association of America, Regular Session on The Long-Term Impact of Famines and Environmental Shocks. New Orleans, LA. April 11-13, 2013

Constrained Choices: Linking Employees' and Spouses' Work Conditions to Health Behaviors

- 82nd Annual Meeting of the Eastern Sociological Society, Regular Session on Under Pressure: Workers' Time on the Job. New York City, NY, February 23-26, 2012
- 75th Annual Meeting of the Midwest Sociological Society, Regular Session on Sociology of Health & Health Care. Minneapolis, MN, March 29-April 1, 2012
- American Sociological Association Annual Meetings, Regular Session on Interactions between Work and Family. Denver, CO. Aug. 17-20, 2012.

The Dynamics of Work-Home Spillover and Health-Related Behaviors under Conditions of Organizational Change

- 74th Annual Meeting of the Midwest Sociological Society, Session on Work and Family. St. Louis, MO, March 24-27, 2011

Linking Organizational Flexibility with Health Behaviors: Do Gender, Spillover and Family Contexts Matter?

- American Sociological Association Annual Meetings, Regular Session on Family and Work: Time, Flexibility, and Shifting Meanings of Family and Work. Las Vegas, NV. Aug. 20-23, 2011

TEACHING

Longitudinal Data Analysis. Fall 2025.

Event History Analysis and Sequence Analysis. Spring 2019.

Regression Models for Categorical Data. Fall 2015, Fall 2016, Spring 2018, Fall 2018, Fall 2019, Fall 2020, Fall 2021, Spring 2023, Spring 2024, Spring 2025.

Multivariate Statistics. Spring 2021, Spring 2022, Fall 2023, Fall 2024.

Medical Sociology. Spring 2017.

Introductory Sociology for Healthcare Professions (Core Course). Fall 2015—Fall 2021, Fall 2023, Fall 2024, Fall 2025, Spring 2026.

FORMAL MENTORING

Dissertation Chair, Department of Sociology, Boston College

Shuangshuang Yang (ongoing)

Ying Qu (ongoing)

Dissertation Committee Member, Department of Sociology, Boston College

Guolin Gu (ongoing)

Ami Campbell (ongoing)

Saber Khani (ongoing)

Ashley Parry (ongoing)

Ruilin Chen (ongoing)

Kyle Carr (Current: Center for Digital Innovation in Learning, Boston College)

Jared Fitzgerald (Current: Assistant Professor, Oklahoma State University)
Isak Ladegaard (Current: Assistant Professor, The University of Hong Kong)
Iyar Mazar (Current: Pfizer Inc)

Dissertation Committee Member, non-Sociology departments, Boston College

Julia Medzhitova, Lynch School of Education (Current: Conduit Psy LLC)
Yoosun Chu, School of Social Work (Current: Korea Institute for Health and Social Affairs)
Bongki Woo, School of Social Work (Current: Associate Professor, College of Social Work, University of South Carolina)

Dissertation Committee Member, Other Universities

Haolin Shao, Department of Geographical Sciences, University of Maryland

Graduate Area Exam Committee Chair/Member, Department of Sociology, Boston College

Medical Sociology: Kyle Carr
Quantitative Methods: Bennet Pellows; Ruilin Chen
Carework: Ashley Parry
Telework during COVID-19: Ashley Parry
Environment Sociology: Jiayu Huang
Gender, Family, and Health: Shuangshuang Yang
Health and Rural Sociology: Guolin Gu
Gender and Health: Jier Yang
Environment Sociology: Ami Campbell
Work: Alexa Damaska

Masters Committee Chair, Department of Sociology, Boston College

Xiaoyi Cui (Current: Ph.D. student, Ohio State University)
Annette Donald
Yue Qin (Current: Ph.D. student, University of Wisconsin-Madison)
Xiao Zhang

WFRN Early Career Fellows Mentor, WFRN

Mengyi Xu

Gabelli Presidential Scholars Program Mentor, Boston College

Luis (Manny) Espinoza

Undergraduate Honors Thesis Advisor, Department of Sociology, Boston College

Yutong (Heather) Guo
Cedrick Chiu (Current: UMass Chan Medical School)
Isabelle Luke
Bridgette Merriman (Scholar of the College; Boston University School of Medicine)
Soojin Park (thesis project awarded Fulbright Fellowship; Harvard Law School; Quinn Emanuel Urquhart & Sullivan, LLP)

Other Undergraduate Mentoring, Boston College

Julie Suh (Current: Georgetown University School of Medicine)

Siyu Ji (Current: Yale School of Public Health)

PROFESSIONAL
SERVICE

Editor/Editorial Board

Guest Editor, <i>Scientific Reports</i> (Collection on remote work and social anxiety)	2025-2026
Editorial Board, <i>Scientific Reports</i>	2025-2026
Co-Editor (with Daiga Kamerāde, Agnieszka Piasna, and Brendan Burchell), <i>Time & Society</i> (Special Issue on Working Time Reduction)	2025-2026
Deputy Editor, <i>Journal of Health and Social Behavior</i>	2023-2026
Editorial Board, <i>Journal of Marriage and Family</i>	2024
Editorial Board, <i>Sociology Compass</i>	2020-2022
Editorial Board, <i>Journal of Health and Social Behavior</i>	2018-2020

Organizational Founding Member

Work Time Reduction Research Network (WTR-RN)

Organizational Board/Committee

Executive Board, Work and Family Researchers Network	2020-2022
International Committee, Work and Family Researchers Network	2019-2022

Conference Organizer

Co-organizer, MC: Working Time Reduction: Combatting Divisions Through Inclusive Working Time Policies. 2026 SASE Conference	2026
Co-organizer, Session on Disrupting Health Inequities Across the Life Course. 121st Annual Meeting of the American Sociological Association	2026
Co-organizer (with Jaeseung Kim), Graduate Students Pre-conference Workshop. 2026 WFRN Conference	2026
Co-organizer, MC13: Working Time Reduction: Rethinking Work for a More Balanced, Just and Sustainable Socioeconomic Life. 2025 SASE Conference	2025
Co-organizer (with Lonnie Golden), Session on Four Day Workweek Redux–Distribution, Issues and Progress. 2024 WFRN Conference	2024
Co-organizer (with Jaeseung Kim), Graduate Students Pre-conference Workshop. 2024 WFRN Conference	2024
Co-organizer, Boston College ILA Conference on the Four Day Week	2023
Organizer, Session on What Have We Learned From COVID-19? Reimagining Paid Work. 118th Annual Meeting of the American Sociological Association	2023
Co-organizer (with Yvonne Lott), Graduate Students Pre-conference Workshop. 2022 WFRN Conference	2022
Organizer, Session on Socioeconomic Inequalities in Health, Life Expectancy and Mortality. 2022 Annual Meeting of the Population Association of America	2022
Organizer, Session on Health and the Workplace. 115th Annual Meeting of the American Sociological Association	2020

Conference Discussant

Discussant, Session on Work-Family Supports and Gender Inequality. 2024 Annual Meeting of the

Population Association of America	2024
Discussant, Session on Work–Family Conflict and Well-being. 2024 Annual Meeting of the Population Association of America	2024
Discussant, The Future of Work: Implications for an Aging Workforce Webinar. National Academies of Sciences, Engineering, and Medicine	2022
Discussant, Session on Opioid Use and Mortality. 2020 Annual Meeting of the Population Association of America	2020
Discussant, Session on The Roots of Inequality: Early and Mid-Life Determinants of Health and Well-being in Later Life. 113th Annual Meeting of the American Sociological Association	2018
Discussant, Session on Gender and Population Health. 2018 Annual Meeting of the Population Association of America	2018

Conference Chair/Moderator/Presider

Chair, Session on The Impact of Parental Leave and Employment Policies. 2024 Annual Meeting of the Population Association of America	2024
Moderator, Session on Gender, Work Hours, and Work–Family Commitments. 2020 WFRN (Work and Family Researchers Network) Virtual Conference Series	2021
Chair, Session on Immigrant, Refugee, and Transnational Families. 2020 Annual Meeting of the Population Association of America	2020
Chair, Session on Historical Mortality: Perspectives on Health and Mortality. 2020 Annual Meeting of the Population Association of America	2020
Presider, Session on Mate Preferences and Selection. 113th Annual Meeting of the American Sociological Association	2018
Presider, Session on The Context of Industry & Occupations. 2018 WFRN (Work and Family Researchers Network) Conference	2018

Professional Development Workshop Panelist

“Identifying, Securing, and Managing Funding for Work and Family Research.” Work and Family Researchers Network Early Career Fellow Virtual Event.	2025
“Academic Paper Publishing.” Boston Area Medical Sociologist Meeting.	2020

Award Reviewer

Reviewer, Rosabeth Moss Kanter Award. Center for Families, Purdue University	2015-2021
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Department Service

Teaching, Advising and Mentoring Project Committee	2025-2026
AI Policy Committee	2025-2026
Graduate Admissions Committee (Chair)	2019-2025
Ph.D. Placement	2019-2025
Graduate Statistics Task Force	2017-2022
Faculty Hire Screening Committee	2019-2021, 2024-2025
Scholarly Events/Seminar Committee	2018-2019, 2025-2026
Graduate Admissions Committee	2015-2019, 2025-2026
Assessment Committee	2015-2016, 2017-2018

University Service

Selection Committee for the McCarthy Prize in the Social Sciences
MCAS Undergraduate Educational Policy Committee

2025
2023-2026

JOURNAL/BOOK
PRO-
POSAL/FUNDING
ORGANIZATIONS
REFEREEING

Acta Sociologica, Advances in Life Course Research, American Journal of Epidemiology, American Journal of Sociology, American Sociological Review, Asian Population Studies, Biodemography and Social Biology, British Journal of Nutrition, Career Development International, Chinese Sociological Review, Community, Work & Family, Demography, European Sociological Review, Feminist Economics, Gender & Society, Health Education & Behavior, Human Relations, ILR Review, Industrial Health, Journal of Asian Public Policy, Journal of Family Issues, Journal of Family Research, Journal of Health and Social Behavior, Journal of Marriage and Family, Journal of Women & Aging, Journal of Workplace Behavioral Health, Law & Society Review, PLOS ONE, Research in Social Stratification and Mobility, Research on Aging, Social Currents, Social Forces, Social Problems, Social Science & Medicine, Social Science Research, Social Sciences, Society and Mental Health, Sociological Forum, Sociological Methods and Research, Sociological Theory, Sociology of Development, Sociological Perspectives, The Harvard Undergraduate Research Journal, The International Journal of Human Resource Management, The Journal of International Development, Work and Occupations.

Oxford University Press; Polity; SAGE Publications.

National Science Foundation (Future of Work at the Human-Technology Frontier; Science of Organizations; Sociology); Israel Science Foundation; Swiss National Science Foundation.

American Council of Learned Societies; Heising-Simons Foundation.

PROFESSIONAL
MEMBERSHIPS

American Sociological Association

Population Association of America

Society for Longitudinal and Life Course Studies

The Society for the Advancement of Socio-Economics

Work and Family Researchers Network

Work Time Reduction Research Network

COMPUTER SKILLS

R; Stata; SAS; L^AT_EX; LISREL; MAXQDA; Mplus; Python

REFERENCES

Available upon request.

Updated: January 9, 2026